

VICTIM IMPACT STATEMENT

I have lost emotional trust of men. This has affected my ability to have healthy and happy relationships, including a romantic relationship and friendships. I struggle with depression, my diagnosis of PTSD, anxiety and I am paranoid. My paranoia creeps-in when I think people are looking at me and have seen the videos of me. I worry that people, especially men, have seen me naked as a child and recognize me when I am out in public. When I am alone at home, I triple check the door locks and am fearful of being raped. My sexuality and sex-life has been damaged because of the videos. I cannot even touch myself (masturbate) because I feel weird and it makes me sad and cry. I have lots of trouble sleeping and I often have nightmares. In my nightmares, I am being raped by men who watched the videos of me. I have problems with kleptomania, shop lifting. I think this is because I want to try and make things feel better. Because of the videos and what those men did, I think I will need a lifetime of therapy for all of my emotional problems.

I think that having sex at a very young age, 13, because of the video's and the men wanting to see me sexual and naked caused physical harm to me. Because it made me so sexual, I got an STD when I was 15, I got herpes. Related, the videos added to my poor judgement of boyfriends, so I had sex with boys I shouldn't have, and got STD's. I also pull-out my hair and have trichotillomania, this hurts my scalp and hair, hurts my looks. The hair pulling started with the videos and the things the men wanted me to do, to be naked and sexual. I started using drugs to cope, the men liked this idea too. I started having eating problems and would stop eating. Now that I am older, I am disgusted when I look in the mirror and I still have problems with eating and not taking care of myself physically.

I have had probably 100 or more sessions over the years. Because of my issues, I cannot work as much as I need, I must take time-off because of therapy, Dr. appointments and due to my depression, anxiety and PTSD, all because of the videos and those men. Some days I cannot even get out of bed, maybe twice or more a week. I have chronic pain, aches, headaches, which my therapist and Dr's think is the PTSD and depression. I must drive an hour, each way, to go to my psychiatrist and for my medications. I can't go onto a computer and go online, fear overwhelms me that I am being watched. This causes me problems with applying for jobs. I also think the computer camera's, like on laptops, are recording me and I don't even know it. That is crazy, but I am afraid.

This is huge and has caused so many problems, like the choices I have made in boyfriends, unable to have good judgement, using drugs and getting attention and feeling

good in all the wrong ways socially. I cannot attend regular school, I think boys and male teachers are all staring at me and have seen the videos. All they want is to have sex with me. So, I go to an alternative school. It is hard enough for me to go there and it is only 9 hours a week of school. I also must drive to school, no bus picks me up. So, I am always struggling to borrow a car and pay for gas. I don't have a car and can't afford one, but I can't go to regular school, no way. So, I must find a way to drive to school.

Socially, I guess I also lost good judgement, especially with friends and using drugs. I had awful boyfriends, did drugs and had lots of sex because of the videos and what those men did to me. Poor lifestyle choices and poor self-care was constant following the videos. I think this affects my view of the future, I think my future is messed-up and limited because of the videos and what happened. I don't even want to ever have children because of what happened to me ... never, ever.

[REDACTED]

1/16/17